



DISCUSSION GUIDE

CHAPTER 1: FAITH IN GOD AS A LOVER

1. What is your faith story?
2. Who are the major characters in your faith story?
3. What do you believe in?
4. How do you envision God?
5. What does God teach you about relationships?

CHAPTER 2: IT ALL BEGINS WITH SELF-LOVE

1. What's the earliest relationship that you can remember?
What did it teach you?
2. What is the quality of your present-day relationships?
3. Do you love yourself or are you in love with yourself?
4. What keeps you from fully loving you?
5. How might your relationships benefit from you having a love affair with *you*?

CHAPTER 3: ROUSE YOUR MIND

1. What keeps you from seeing?
2. Who in your life helps you see?
3. When was the last time you really considered a global perspective?
4. What spaces do you engage that invite you to see—to see your neighbor, to see the issues present in your community, to see a perspective outside of your context?
5. How might waking up change you and your relationships?

CHAPTER 4: REPAIR YOUR HEART

1. What experiences in your life have broken your heart?
2. What relationships have caused you pain?
3. How has your broken heart impacted your life?
4. What and/or who has brought you healing?
5. How might God be inviting you to look within for all that you have sought without?

CHAPTER 5: REFORM YOUR BODY

1. What is your relationship with your body?
2. What messages were you given about your body?
3. Why is it important to love and care for your physical body?
4. What does being created in the image of God mean to you?
5. How would your relationships be different if you viewed every body as being formed in the image of God?

CHAPTER 6: RESTORE YOUR SOUL

1. How is it with your soul?
2. When was the last time you listened to your soul?
3. What can you do you encourage your soul to come out of its hiding place?
4. What does living a soulful life look like to you?
5. Who are your soulmates?

CHAPTER 7: REVOLUTIONARY RELATIONSHIPS DEFINED

1. Who or what in your life has informed your understanding of relationships?
2. What has been your pattern of engaging in relationships?
3. What relationships in your life are life-giving? What relationships are life-taking?
4. What characteristics of revolutionary relationships resonate with you? Which ones do you struggle with?
5. Do you have examples of revolutionary relationships in your life?

CHAPTER 8: LOVE BIG, HEAL THE WORLD

1. What wounds do you see in the world today?
2. How might you use the wound-healing process to engage the wounds you see?
3. Why do you think it's difficult to love big?
4. Where can you practice loving big in your life?
5. What revolutionary relationships have brought about healing for you?